

Yes No Maybe Essential News

Volume 1, Issue 1

www.marcellavonnharting.com

September 2002

Marcella Vonn's CALENDAR OF EVENTS

Check the web site
for details and updates

September 14, 2002

"Language of Mastery"

Teaches the connection
between what you say and
what you do. Words and
feelings determine what
you manifest.

One Day Seminar in Arizona
9 a.m to 5 p.m
\$125 per person

September 17, 2002

"Intro to Essential Oils"

Roadway Inn
1365 W. Grant, Tucson, AZ
7 to 9 p.m. \$5 for
Distributors, Guests Free

September 18, 2002

"Intro to Essential Oils"

Centered around improving
the digestive system.
Paradise Valley, AZ
7 to 9 p.m.

"Intro to Essential Oils"

7 to 10 p.m.

October 3, 2002

Hilton Hotel
Eugene, Oregon

October 4, 2002

Board of Realtors Bldg.
Bend, Oregon
Check the above web site!!

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Co-Publishers::

Marcella Vonn Harting and
Anita Tamboli

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Renewed Commitment

Upgrading For Our Organization By Marcella Vonn Harting

Having been in association with Young Living Essential Oils for nearly 10 years, and having traveled around the world with Mary and Gary Young, my thirst for knowledge keeps me learning new tools and techniques. Our family recently completed Anthony Robbins "Unleash Your Power" four day program. It started with walking on fire! This newsletter is part of our upgrade to the next step with a renewed commitment to share our adventure, tools and techniques with YOU, our YLEO organization.

We have the privilege to share with YOU insightful information, tools, books, stories and technologies on our Journey together involving Health and Wealth. We will present information about Conscious Language, Chronobiotic™ Nutrition, Outcome Facilitation, Prosperity Consciousness, Fitness Lifestyles, and much more.

Why Yes, No, Maybe? It is the answer to every question in Life!

We are truly in heart-centered gratitude

for our YLEO Team. The tears, sweat and effort of putting yourself out there, accepting the rejection along with the successes, is not always easy.

Our success has come by being consistent; attending every YLEO Convention, teaching almost every month in our home, and sharing YLEO with every one we meet.

Our goal is for you to get "YOU COUNT".

We are choosing to set a new direction of personal one-on-one partnership of support to our organization by opening up a line of communications with this newsletter, trainings around the country and the web site: www.marcellavonnharting.com.

If you are in a place of taking your YLEO Team to the next level, contact us. Let's talk!

In our next issue we will introduce a Question & Answer column for us and our regular contributors: Robert Tennyson Stevens, Dr. Nancy Brandt and Dr. Ken Krieger. Let us hear from you—email your questions.

The Doctors Forum

By Dr. Ken Krieger

This first column is a get-acquainted message to our readers. Marcella and I choose to inform you of the latest developments in the application of essential oils, the use of supplements (nutriceuticals) and many health related topics to find wisdom for your own health, and to challenge you to ponder the betterment of all people on God's green earth.

There is so much misinformation on health related topics. I will do my best to relate the correct information to you in each article so you have knowledge and wisdom when making your health care choices. Remember knowledge is POWER. I am adamant you

have criteria to back up your resolve to be healthier, wealthier and happier in all phases of your life.

There is a wheel of life we all have rolling down our path of existence. This wheel has 6 spokes on it, each represents one of the 6 phases of our lives. If these 6 "spokes" are in balance, our lives run much smoother. The six
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Marcella Vonn Harting's Mission Statement

My mission is merging science and miracles by weaving state of the art knowledge of the essences, Chronobiotic™ Nutrition, body language, Conscious Language, innovative health technologies, emotional healing, and abundant prosperity strategies into our new Global Wisdom.

I am passionately committed to sharing the systems I use to embody personal fulfillment with my global family.

Marcella Vonn Harting

To Your Pets' Health by Dr. Nancy Brandt DVM, CVA, CAC

Aromatherapy is a unique branch of herbal medicine that utilizes the medicinal properties found in the essential oils of various plants. Through a process of steam distillation or cold-pressing, the volatile constituents of the plant's oil (its essence) are extracted from its various parts.

According to Dr. Kurt Schnaubelt, director of the Pacific Institute of Aromatherapy, "the oils exert much of their therapeutic effect through their pharmacological properties and their small molecular size, making them one of the few therapeutic agents to easily penetrate bodily tissue." "The properties ranging from antibacterial, antiviral, and antispasmodic, to uses as diuretics, vasodilators (widening blood vessels) and vasoconstrictors. Essential oils act on the adrenals, ovaries, and the thyroid and can energize or pacify, detoxify, and facilitate the digestive process."

In veterinarian medicine the same principles apply. Veterinarians CAN use essential oils. I have spent over 5 years using YLEOs on animals in my practice. I have seen very good results, some amazing, and very few side effects. I have developed an extensive phone consultation line for the use of essential oils in animals. I have found as long as the oils are Grade A therapeutic grade oils they are safe to apply to animals. Much of the noted side effects have been to misapplied or poor quality oils.

Choosing Essential Oils For Your Pets Follow Dr. Brandt's Simple Principles

1. What is the REAL diagnosis, what is really wrong with my pet? Do I have an accurate diagnosis?
2. What is the purity of the oils I am choosing to use? Cats can die if toxic oils are applied.
3. How dilute can still be therapeutic? Animals respond to diluted oils very well and side effects can be minimized by using diluted forms.
4. Am I over my head? You should call a veterinarian familiar with both the make up of the animal and the make up of the essential oils when there are no results or the animal is getting worse.
5. Which method of application is most appropriate for my pet?
6. Should I be diagnosing and prescribing oils for other people's pet if I am not a veterinarian? The State's laws prohibit diagnosing and prescribing for animals without a veterinarian's license.

FOCUS

If you chase two rabbits,

Both will escape.

Ancient Proverb

You can reach Dr. Brandt at the following:

Dr. Nancy Brandt DVM, CVA, CAC

2591 Windmill Parkway, Ste 2

Henderson, NV 89014

Phone: 702-617-3285

Polishing Diamonds—Recognition of a Leader Kay Soasey Succeeds By “Teaching”

I first became interested in Essential Oils because of a hormone imbalance about 6 years ago. The Young Living oils and supplements were life changing for me. Because I'm a teacher, I desired to learn as much as I could so I went to a YLEO Convention and heard Dr. Penoel. Essential oils became my passion.

I have built my business by educating people; I taught a class each month on different topics. People could see, smell, touch and taste the products.

At that time, we had no brochures, so we started a web site for educational purposes. It was a huge success. I believe it is important to “be quick” to give people information. Be sure to use the wonderful brochures we now have. In fact, I always carry 10 oils with me along with several brochures. I never hesitate letting people see me using the oils. I use Lemon oil in my water in restaurants and Thieves in the air vents and my nose and mouth on airplanes. It starts conversations.

If I ever start to feel ill, I start using ImmuPro and Thieves and RC (if I'm coughing). Share what you know with your downline. Have the EDR available or, at least have the \$2 “Introduction” booklet. I eat PowerMeal for breakfast 6 days a week with Mineral Essence and a little stevia for taste. It's a healthy breakfast and really works for me.

You can reach Kay at: kaykls@aol.com

Kay Soasey is a Master Star with Young Living Essential Oils.

“Nothing in this world can take the place of persistence. Talent will not; nothing is more common than unsuccessful men with talent. Genius will not; unrewarded genius is almost a proverb. . . Persistence and determination alone are omnipotent. The slogan “press on” has solved and always will solve the problems of the human race.”

Calvin Coolidge

Doctors Forum

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things we must have in balance are spiritual, mental, physical, emotional, family and money. If any of these are out of balance, our lives are out of balance. You can place these in any order you choose. I personally believe our relationship with the Lord God should be our first priority. We all know of someone who has their priorities out of balance, and their lives are miserable. An example is a person whose whole life is wrapped around the almighty dollar. All they do is strive to make money. Once they get more they choose more. We all need money

“The beginning is always today.”

Mary Wollstonecraft

to survive, money is not the root of all evil; it is the LOVE of money. Where you place your priorities in life is where your heart is. This is one example of how we can get out of balance. I will elaborate on the 6 “spokes” in future articles. Let's work together for the good of us all, gaining wisdom and knowledge to better our lives in all phases.

Dr. Krieger is a Chiropractic Physician in Phoenix, AZ. He has been in private practice for 30 years, and is in continued research on the benefits of nutrition, posture, exercise, spinal mechanics and the use of essential oils for the benefit of his patients. Dr. Krieger's mission statement is "I thank God he has given me the privilege to help as many as I can through Chiropractic care. I am dedicated to the health of mankind with loving service to humanity via the natural approach." Reach Dr. Krieger at Drkriegerstria@aol.com and www.arizonaspinedoc.com.

Marcella Vonn Recommends

WHO MOVED MY CHEESE?
A book by Spencer Johnson, M.D.

This simple story reveals profound truths about change. It is a parable of mice and little people in a maze. The “maze” is where you look for what you choose; your work, family or community. The “cheese” is what you desire for your life; health, wealth, possessions, relationships and spirituality.

When mice are presented with cheese at the end of a maze and then the cheese is moved, mice will seek for the cheese on other paths. People go down the same path looking for the moved “cheese”!

Does this sound familiar? Do you like change? Can you anticipate change? Do you adapt to change quickly? Do you enjoy change? Be ready to quickly change again and again—the cheese keeps moving!

In the story, the characters are faced with unexpected change. Eventually, one of them deals with it successfully. We can adapt the witty insights of this book to our every day choices with grace and ease.

I highly recommend you read this book. If what I am doing is other than working, I change and change again until I get results.

As YLEO expands more into the international market, we will face changes. I encourage you to accept and embrace change until you see your desired results.

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*Yes No Maybe
Essentials, Chronobiotics &
Conscious Language*

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Speaking Is Self-fulfilling Prophecy By Robert Tennyson Stevens

Marcella Vonn has asked me to share with our Team the tools of Conscious Languageing® and Imagination Activation® creating and sustaining our successful Dreams. I enthusiastically partner with you, the Reader, in expanding our consciousness and effectiveness in serving Life.

We may be using an operating system of “want, need, can’t, should, have to, kinda, maybe, hopefully, someday, I’m excited to someday get conscious maybe, I’m working on it, and I’m really trying—absolutely!” I call this the language of self sabotage.

When we realize every single word we speak, think and feel starts happening right now, and is taken literally by our subcon-

scious mind, many of us will choose to get conscious, quickly.

Our limiting belief systems can be recognized through our language. By upgrading to Conscious Creative Language, we can immediately begin to establish new successful patterns with ease and Grace. Our relationship with words and consciousness can be transformed in a positive, enriching and regenerative way.

As we learn Conscious Languageing, please remember, increasing love for ourselves and other is the ultimate outcome. The only real transformation happens when love and acceptance are present. To judge ourselves and others about our/their language only inhibits the process of true success.

In the next issue I’ll present how to coach yourself.

Remember, every word we speak is a prayer coming into reality. I Can, I Am, I Will, I Choose, I Have, I Love, I Create, I Enjoy. To our Eternal Success,

Robert Tennyson Steven is the creator and facilitator of a unique curriculum of personal and professional empowerment technologies, trainings, and support materials. He is a master herbalist and has studied with Marion Jager, Dr. Bernard Jensen, Dr. John Christopher and Dr. John W. Ray.

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