

Yes No Maybe Essential News

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www.marcellavonnharting.com

June/July 2004

Marcella Vonn's

CALENDAR OF EVENTS

Check web site for updates

**The Miracle of
Young Living CD
is a Terrific Gift**

**Share the magic!
order on our web site**

Juva Cleanse

Supports the Liver.

Blending three powerful essential oils known for cleansing & supporting the liver, Juva Cleanse has antioxidant actions.

Juva Cleanse contains Helichrysum, Celery Seed and Ledum therapeutic-grade essential oils.

Apply topically over liver or on feet. If pregnant or under a doctor's care, consult a physician before using.

Skin test for sensitivity.

The liver is the body's largest organ and has the major role of detoxifying the body.

Code # 3395

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GOING BACK TO THE FUNDAMENTALS!

By Marcella Vonn Harting

Congratulations! If you are a distributor with Young Living Essential Oils, you have taken the most important step in the success formula: **YOU HAVE STARTED!** You are on your journey to manifesting the end of mediocrity. I have personally taken the **Holistic** approach and **work** at succeeding in my personal, family and business life. You may be reading my newsletter today, because you understand the importance of returning to the fundamentals, or because you clearly know as a Professional if you are going to derive maximum benefit from your career, you must know your industry. How many of you have found yourself in a rut (a rut is nothing but a grave with the ends kicked out!) It is one thing to get in a rut, and it is an entirely different thing to stay in a rut. **Revitalize and Rejuvenate for your mind, body & spirit.**

"In a recent public service announcement, a man walks up to an information counter with two jiggle lumps in his hands. He puts them on the counter and tells the person at the counter he found them over by the elevator. The bored counter person gazes over them and responds: "OH, Yeah, those are just love handles--lots of people lose them by taking the stairs instead of the elevator."

A combination of Healthy eating (eating live foods in time), **see my book**, and having an active life will help

lead to ongoing, everlasting success in creating the body you desire. Studies have shown that we are taking in 500 extra calories a day compared to just a generation ago. A report from the center of disease reports obesity will become the No.1 cause of preventable deaths by 2005. Incorporate more activity into your daily activities. The smallest changes can make the difference to create a more extraordinary quality of life.

This list is just to get you started thinking of the myriad of options out there for incorporating more action into your everyday routine

- 1 Take the stairs .
- 2 Park at the far end of the lot .
- 3 Throw away the TV remote .
- 4 Hang laundry outside .
- 5 Get up and walk between meal courses .
- 6 Iron while you watch TV. (or do sit-ups) .
- 7 Use a cordless phone and walk while you talk .
- 8 Cut your own grass; rake your own leaves .

Go for 5-minute walk around the block at least once a day while at work. With the seasons constantly changing, it is a great time to get moving inside or out and do more. Create a more active life that becomes a part of who you are and what you do.

Essentially yours.

MARCELLA VONN HARTING



Marcella Vonn Harting's Mission Statement

My mission is merging science and miracles by weaving state of the art knowledge of the essences, Chronobiotic™ Nutrition, body language, Conscious Communications, innovative health technologies, emotional healing, and abundant prosperity strategies into our new Global Wisdom.

I am passionately committed to sharing the systems I use to embody personal fulfillment with my global family.

Marcella Vonn Harting

To Your Pets' Health

by Dr. Nancy Brandt DVM, CVA, CAC

Given the abundance of choices we can make for our pets it is often a daunting task to find which oil or supplement would best help our pet. We can let the animal go up to our supply of essential oils and supplements and let them sniff until they pick one. We can look in the EDR under the human section and extrapolate the treatment into animal terms. And we can ask our local veterinarian or animal healer for advise. There are advantages and disadvantages to all of these. Natural Care Institute Inc. would like to offer you a great opportunity to have a veterinary medical doctor help your pet pick its best set of oils or supplements.

Dr. Nancy Brandt DVM has studied holistic medicine for 8 years and has been a veterinary medical doctor for 14 years. She has been gifted by the animals to have an intuitive ability to energetically tune in and see what the pet's energy body needs. She has been working with Young Living Essential oils for 6 years. She has had the pleasure of helping animals throughout the world. Some of the services she is able to offer are:

Soul Reports-what is my or my pet's purpose
 Medical Intuitive energetic readings
 Reiki treatments which include essential oils and crystal energy

EAV testing of your pets energy via a machine which reads the energy within the meridian flow system of the body (using a hair sample)

Testing to tailor the oils and supplements to fit your pet's needs

Phone consultations to help you find your way through all the options available to you

Emotional balancing using the oils and other techniques

SOUL REPORTS: Every animal comes down with a set of mission papers. They have a purpose to what they will do here. They have become domesti-

cated in order to help us with our life's purpose. One day in my office in walks a beautiful little dog. The owner was so concerned about this dog and what was wrong. This sweet little spirit taught me why I do what I do. This dog, Bo, wanted me to deliver a message to the owner. The owner had been driving around and ended up at my door. He did not know why but Bo did. He needed me to deliver his Soul Report. I saw clearly what I needed to do and how to accomplish this for Bo. I felt so privileged to have the opportunity to deliver his message. Since this time I have had many times where I have delivered a Soul Report, as I call it, and it has freed up tremendous amounts of energy which can heal or allow the animal to transition. Often a pet will linger in discomfort trying psychically to communicate it's mission to you. Feeling as though they have not accomplished their objective they wait in limbo for the message to get through. When I am able to deliver the message, the pet gains tremendous strength and vitality and can use this energy to heal or move on in spirit. A pet's purpose is so pure in intent and purpose. They carry it out unconditionally and with out expectations of any rewards (except for the treat jar, of course).

This is my soul's purpose; to intuitively guide each mission to its fulfillment. I am grateful to Vonn for letting me offer my services via her newsletter to affect the changes world-wide that I have been guided to do. The Soul Reports are truly the most important work I can do.

Please call the office to set up an appointment at 702-617-3285. You will need to send a picture and a one page synopsis of your pet along with a hair sample.

Phone Dr. Brandt for a consultation.

Dr. Nancy Brandt, DVM, CVA, CAC
 2591 Windmill Parkway, Suite 2
 Henderson, NV 89014
 Phone: 702-617-3285

Hands-On Training in Minneapolis

Have you desired to learn more hands-on applications of essential oils? Would you love to be able to give the joyful experience of a massage using essential oils? This opportunity is available to you at an incredible hands-on training in the beautiful art of restoring balance to the body with the Raindrop Technique at the Science and Application training in Minneapolis, Minnesota, on July 15-17, 2004. To learn about this successful massage technique, as well as nutrition, fitness, and business-building tips from Dr. David Hill, please register soon! Seating is limited at this educational experience! If you register after July 7, the cost will increase from \$300 to \$325 (price includes materials and lunch).

As the Administrator of the Young Life Research Clinic, Dr. Hill has trained for many hours under the direction of Gary Young, and his work and trainings are widely respected and praised. Along with Dr. Hill, Gary Young will be teaching one full day at this hands-on course, so don't miss your chance to learn from these experts.

Please call Distributor Network Services at 800-371-3515, Events at 801-418-8900, or visit www.youngliving.com to register today!

THE TRAVELER'S GIFT

In contribution to your call for testimonials I would like to recommend a book, "The Traveler's Gift" by Andy Andrews.

This is the second book I have ever put on my 'must read' list.

Years ago I recommended "The Science of Getting Rich" by Wallace D. Wattles. The results of that recommendation was that I built a down-line that had seventy-five \$100,000 earners. I believe "The Traveler's Gift" will have a similar impact.

Larry Edwards

Using Essential Oils in a Day Spa

Roberta Marhefka of Colorado Springs, CO, choose to use all of her healing arts together in helping her clients learn to nurture themselves.

Are you like some of her clients? Do you ever crave just being able to relax and think without distraction? Would you love a place where you can nurture yourself, rejuvenate your body and have a sanctuary for your soul?

Yes? Take a look at The Soul Spa, a day spa. "The Soul Spa began as an indirect request from clients," said Roberta. "Clients need to nurture themselves. The Soul Spa grew from the need of people choosing more. . . It's about self-nurturing and self-love."

"The whole idea of self-nurturing is the only way to true contentment and joy. Only we know what it will take, and sadly we don't give it to ourselves enough. We have been taught it is selfish to give ourselves what we need. Happiness is fleeting. . . Contentment is so much deeper."

Young Living essential oils are available at The Soul Spa for clients to use personally during their visits or to enjoy in a massage. Clients can treat themselves to a Raindrop Technique massage, a Satin Facial Scrub over their entire body or one of ten other body treatments using essential oils.

After she learns the clients intention of how they choose to focus their day, Robert starts each client by having them choose an essential oil to anoint themselves. Another way she uses the essential oils is with Eastern numerology. She said, "A person's numbers will tell specific areas of the mind, body or spirit that are out of alignment." Once she discovers them she uses the appropriate oil for the body systems.

Roberta is a life coach, certified clinical and medical hypnotherapist, certified breath therapist and Eastern numerologist (which has a different focus than Western numerology).

Reach Roberta Marhefka at **719-473-5290** for life coaching, an Eastern numerology chart or to enjoy a day at The Soul Spa in Colorado Springs.

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BERRY YOUNG JUICE

Thanks to Janie Becker for these notes from the Hawaii Leadership Conference held in Maui.

Berry Young Juice - slides showing live blood analysis comparing soda and other juices to BYJ, (amazing to see the clumping and slowness of blood with other products and clear separation & quickness of red blood cells w/ BYJ)

1. Contains amino acids (important to all functions of human tissues) & polysaccarides in the wolfberry seeds and lucine (digests body fat, builds muscle mass & strength)

2. contains pomegranate-most readily assimilated in our system of mineral potassium - regulates electrolyte balance in the body Note: w/o potassium we lose bone density & tissue strength; also helps balance acid/alkaline in body

3. contains apricot juice-known as fruit for

longevity by Hunza people who drink apricot water daily, second highest fruit containing protein Note: wolfberry is #1 in protein content

4. the more BYJ you consume, the better your pH in system - three phases of digestion

Phase I-stomach is acid (pH is 2.5 for proper digestion) BYJ pH is 3.5 so modulation of 3.0

Phase II - small intestine is alkaline (pH 6.8-7.4) blood capillaries feed cells w/ oxygen

Phase III - large intestine is acid (pH 2.5-3.5)

5. No other juice has this capability; no other juice has essential oils in it (lemon, orange)

Order Berry Young Juice

Wholesale price of Berry Young Juice in a 1 liter bottle is \$40, Code 3000, or two 1 liter bottles for \$78, Code 3002.