

Yes, No, Maybe Essential News

Volume 3, Issue 11

www.marcellavonnharting.com

December 2004

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ABUNDANT LIFE By MARCELLA VONN HARTING

This newsletter starts with a quote from Johann Wolfgang von Goethe, *“I have come to the frightening (remarkable) conclusion that I am the decisive element. It is my personal approach that creates the climate. It is my daily mood that makes the weather. I possess tremendous power to make life miserable or joyous. I can be a tool of torture or an instrument of inspiration. I can humiliate or humor, hurt or heal. In all situations, it is my response that decides whether a crisis is escalated or de-escalated, and a person is humanized or de-humanized. If we treat people as they are, we make them worse. If we treat people as they ought to be, we help them become what they are capable of becoming.”*

This quote is profound for me and reminds me of my conscious choices moment to moment. I came across this shortly after listening in on a company conference call discussing the new marketing changes for Young Living. My experience of life shows me the

abundant life here in the United States. I am blessed daily by your presence in my life and the contributions you make to others daily by sharing your authentic self and Young Living products. Thank you for doing what you do, when you don't feel like it, when you are



*Happy
Holidays*

tired,
rejected,
self-con-
scious,
and un-

only permanent thing is change. Every day we change, some for the better, some for the worse! I remind you of the quote at this time. I embrace change, and step-up to be a leader of leaders in this company.

The holiday season is a time to reflect on our

supported. *Thank you for stretching to your potential and making a difference anyway.* I have been watching, and I am very PROUD of you and your successes.

Happy Holidays to
your family from mine.
MARCELLA VONN
HARTING



Marcella Vonn Harting's Mission Statement

My mission is merging science and miracles by weaving state of the art knowledge of the essences, Chronobiotic™ Nutrition, body language, Conscious Communications, innovative health technologies, emotional healing and abundant prosperity strategies into our new Global Wisdom.

I am passionately committed to sharing the systems I use to embody personal fulfillment with my global family.

Marcella Vonn Harting

Chronobiotic™ News By G. I. "Atom" Bergstrom

The human body is designed to be ACID in the morning and ALKALINE in the evening.

Essential oils are acid, not alkaline, and the tree oils (pine, cypress, citrus, ylang ylang oils, etc.) are especially useful in complimenting the morning acidity.

Oils oppose morning dehydration (which is why pine needles are so high in oils).

In Chinese acupuncture science, hydration time occurs during the hours of the so-called "water" meridians, i.e. Bladder and Kidney time (3:00-7:00 pm), whereas dehy-

dration time occurs during Lung and Large Intestine time (3:00-7:00 am).

Lipids (including oils, oleoresins, fats, lecithins, phosphatides and cerebrosides) are the Master Control Switch of the body's pH, which is why I prefer to call them "lipHids."

Sterol lipids Acidify. Fatty acid lipids Alkalinize.

A morning skirmish between breakfast's Zone One oleic, linoleic and linolenic acid lipids versus dinner's leftover Zone Three cortisone (in the form of glucasamine) and cortisol (in the form of glucosaminic acid) achieves morning homeostatic

neutrality for high-level wellness and longevity. This dynamic neutrality (as opposed to a passive neutrality) discourages excess covalent bonding (the squandering of chemical energy, heat, and light, accompanied by an overplus of inert and clogging salts). To be continued.

G. I. "Atom" Bergstrom is co-author of "Yes, No, Maybe" Chronobiotic™ Nutrition with Marcella Vonn Harting. Reach "Atom" for workshops on Chronobiotic™ Nutrition and Muscle Language Analysis at 2116 Clay Street, Kilgore, TX, 75662 or phone 903-984-3458.

To Your Pets' Health By Dr. Nancy Brandt DVM, CVA, CAC

How do we treat diarrhea and cancer??

The same!! By allowing the body to retrace and push out the invader. The first step is a fabulous high quality raw food Chronobiotic™ diet. Then start with the following Young Living products Berry Young Juice and digestive enzymes to

decrease inflammation, ComforTone and ICP to cleanse, Di-Tone to get the "garbage" to empty out and Peppermint/Lavender/Chamomile to help limit inflammation of the gut.

Phone for a consultation with me.

Never start a program with-

out consulting a licensed veterinarian trained in the use of the products you wish to use.

Nancy Brandt can be reached by phone for a consultation at 702-617-3285.

An Outstanding Opportunity For You

For the last 2 1/2 years Marcella Vonn Harting has been playing in seminars and programs with Tony Robbins.

She says, "Life will never be the same for me and my whole family since attending the Anthony Robbins programs. They have even changed the relationship my husband, Jim, and I have. Out of the 'Date with Destiny' seminar, Jim and I have found how to more deeply nurture each other and bring out the best in each other."

Marcella adds, "Tony Robbins' trainings are even changing the way I do my business. I now have the tools to take my business to a whole new level of getting results and fulfillment."

"I have been challenged at a personal inner level. I looked at my beliefs, how I created my world and how my beliefs have served me. Now, I have recreated my whole world."

"All of the people really close to me have stepped up and taken some of Tony's programs. This has created an outstanding peer group for me to play with in my life at an even higher level."

Anita Tamboli says, "At Unleash The Power Within seminar I ignited my passion for life and for myself."

Marcella has profited so much from her participation in the Anthony Robbins programs she has negotiated a special rate for anyone in her down line who choose to take "Unleash The Power Within" seminar with Tony Robbins. To obtain special pricing contact Lana

Powers by **January 24, 2005.**

Lana Powers

Anthony Robbins Co.

800-898-8669, ext. 6270 or

858-535-6270

"I am incorporating what I've learned into my Young Living business. If you are interested in learning more email me at www.marcellavonnharting.com," Marcella says.

Unleash The Power Within February 18-21, 2005 Orlando, Florida

Marcella Vonn Harting and Anthony Robbins invite you to a weekend of powerful immersion into the finest strategies, tools and resources available for creating an extraordinary quality of life.

In four of the most empowering, educational and entertaining days of your life, you will identify with absolute precision what it is you really choose. You'll discover how to permanently break through barriers holding you back and learn how to apply the specific tools and strategies for turning your dreams into reality.

Friday: Fear Into Power. Experience The Firewalk. In the first evening Tony will teach you

to overcome barriers that stand in the way of your success.

Saturday & Sunday: The Psychology of Success Conditioning. Live every day with passion and learn to tap into deep human emotion and create greater emotional strength, create irresistible rapport with others in your life and inspire those around you to consistently perform at peak levels.

Monday: Living Health. Turn Lethargy Into Vitality. Your emotions are tied to your physical health. You'll see dramatic results in days, not months.

100% Money-Back Guarantee.

Phone Lana Powers by January 24 for special pricing. 800-898-8669, ext. 6270.

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This newsletter is published on the web site and is available free.

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Essentials, Chronobiotics™ &
Conscious Communications*

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