

Yes, No, Maybe Essential News

Volume 4, Issue 2

www.marcellavonnharting.com

March-April 2005

Now Available on my
website:
www.marcellavonnharting.com

**Aromatherapy
Cards,
Introductory CD to
YLEO and**

**"Yes, No, Maybe"
Chronobiotic™**

Nutrition, a new book

Correction

The Dates for the
Vita Flex Playshop with
Tom Woloshyn
have been changed to
March 30th and April 1-3

Please contact

Marcella Vonn Harting at
480-898-4088 for more
information.

Web site under construction.
Thank you for your patience.

**Look for our next issue
May-June, 2005
This year we are
publishing every
other month.**

Editor: Anita Tamboli
email: atamboli@cox.net

Co-Publishers:
Marcella Vonn Harting
and Anita Tamboli

©2005 Yes, No, Maybe Essential
News. All rights reserved. The
opinions, conclusions or
recommendations expressed in this
publication are those of the authors
and do not necessarily reflect the
views of the publishers.

Playshop Comes To You By MARCELLA VONN HARTING

Today is the 1st day of your life. The past does not necessarily make the future. What would you do if you knew you could not fail? The last three years of my life I have been quite involved with Anthony Robbins. Having graduated from his Mastery University and Leadership Academy, I ask myself how can I share this with the people I love and care for, my Young Living organization. The answer came out of a conversation with a Anthony Robbins trainer, Don Clair. Both of us choosing to share, empower and make a difference in peoples lives came up with a Playshop we call "Playing to Claim Your Excellence," a two day life changing event focused on Network Marketing or what I call "Relationships."

Have you ever questioned what you are doing? Why you are not getting the results you are after? When you are at effect in your life you get reasons. Maybe for some of us it's about what we need to get rid of that no longer serves us compared to what we need to get!

Don Clair, Cynthia Freeman and John Burgess (Top trainers for Anthony Robbins) combined their talent and skills in a Fun, Physical, Results-Driven Playshop.

Leaders are based on how many leaders they can create not how many followers they have. I am creating leaders. I am results-driven and you can test me. I am stepping up to the role of mentoring my organization in a big way.

I invite you to gather your distributors and other distributors in your area together for a Playshop presented in your community. The entire Playshop, with Don, Cynthia, John and I will come to you.

Create leverage to move through the boundaries stopping you in any area of your life. You learn tools you can utilize in your life everyday to create greater rapport with others.

Read just a few of the comments included in this newsletter. The Playshop is "life changing," "profound," "fun," and more. Phone or email me if you choose to empower yourself and your distributors. I am about sharing, empowering and making a difference in your life.

Yours Consciously,
Marcella Vonn Harting



Marcella Vonn Harting's Mission Statement

My mission is merging science and miracles by weaving state of the art knowledge of the essences, Chronobiotic™ Nutrition, body language, Conscious Communications, innovative health technologies, emotional healing and abundant prosperity strategies into our new Global Wisdom.

I am passionately committed to sharing the systems I use to embody personal fulfillment with my global family.

Marcella Vonn Harting

Chronobiotic™ News By G. I. "Atom" Bergstrom

The nose has multiple modalities, including esoteric alchemical ones.

- 1) The nose has a chemical olfactory function synchronized to the conscious mind (usually involving middle-note and bottom-note oils).
- 2) The nose has a pheromone olfactory function synchronized to the subconscious mind (usually involving top-note oils).
- 3) The nose has a trigeminal nerve function synchronized to the subconscious mind (how the mind perceives sulfur and coffee odors).
- 4) The nose has a magnetropic magnetic field function synchronized (via the iron and copper in hemoglobin, myoglobin, etc.) to the subconscious and super conscious mind.

5) The nose has a light-sensitive phototropic function synchronized to the subconscious and super conscious mind.

6) The nose has a barotropic intuitive function synchronized to the subconscious and super conscious mind (similar to the baroreceptors responsible for the "carotid sinus reflex action" of acupuncture meridian point Stomach 9, aka Renying, or "Man's Welcome").

G. I. "Atom" Bergstrom is coauthor of "Yes, No, Maybe" Chronobiotic™ Nutrition with Marcella Vonn Harting. Reach "Atom" for workshops on Chronobiotic™ Nutrition and Muscle Language Analysis at 2116 Clay Street, Kilgore, TX, 75662 or phone 903-984-3458.

More "Playshop" Reviews

When Vonn invited me to participate (notice she did not say attend!) in the Playshop on Excellence she told me that it would change my life----and it did! The greatest change happened during the "break the board" exercise. I watched many of my new friends step up and break their boards with grace and ease. I stepped up to my board filled with both the fears holding me back and the promises the future holds when I had gone thru the fears. I took my stance, focused and was aware that there was a tiny litany running thru my head "I wonder *if* I can break this board." I whacked it hard at least 3 times. At that point I got a back spasm, a charlie horse in my leg and was in such intense pain that I just said "*I am breaking that board!*" My hand was thru the board and I didn't even know it was done! I was caught in one of those magical moments where it was shown to me that the instant I dropped the word *IF* from the litany, the deed was done! Two little letters, one tiny word that made all the difference! "If" is no longer part of my vocabulary. I realized that I used *if* because I was afraid people would think I was arrogant or foolish when I stated that my desires *would be* so. "*If*" was a back door I could scoot out if things didn't quite work out. On the 2nd and 3rd Tuesday of each month I have "Adventures in Oils" gatherings from 9:30-11:00 AM. We have been blessed to have guest speakers the past 3 months so this is really getting to be fun! Please join us! Adventures in Oils with Beverlee Jones (928) 567-9466 or bevjones007@hotmail.com

An Invitation to Life Coaching

Itold Marcella Vonn I did not need another seminar/workshop. I had been to Anthony Robbins and I still was integrating. She said the Playshop is about Relationships, breaking thru old stuff and creating rapport. I know whenever I listen to her I am grateful I did. So, I attended.

A miraculous shift happened; I stood in front of 80+ people and claimed my power. I am a

Life Coach, an outstanding one. I help people create focus, clarity and direction to follow their dreams, to fully embody the magnificent person they are. I am a personal cheerleader co-creating dynamic relationships. I invite you to stop, tell the truth and know who you are. Contact me for a Life Coaching session at atamboli@cox.net or 602-758-9020. In Joy and Love, Anita Tamboli

“Playing To Claim Your Excellence” A Huge Success

More than 80 YLEO distributors from around the country attended Marcella Vonn Harting’s by invitation only “Playshop.” Here are a few remarks from participants.

I am so excited to begin my life and really live it. My 10-year daughter actually asked where is the old mommy? This past weekend with Playing to Claim Your Excellence was by far the most profound ever. I returned home from this seminar able to sustain the greatness of the seminar. I was able to commit to move forward with the commitments to my dreams and to myself. To carry in every cell in my body the ability to feel the shifts which had taken place. To know that I will achieve all the dreams my heart put to paper at this semi-

nar. This was by far more transformational than others and it cost less.

A client offered to build me a clinic in the same week no strings attached just would I continue as his cats doctor. I know this happened because I focused on my dream and the gifts only I can give. What you focus on you will get. Come to this play shop and learn how to refocus and gain like I did. Special thanks to Marcella, Cynthia, Don and John for stepping up and living their dream to transform lives in such a profound manner. Submitted by Dr. Nancy Brandt DVM,CVA,CAC. Dr. Brandt is a veterinary medical doctor. She can be reached for a consultation at 702-617-3285.

The Playshop on Excellence was a life changing event for me. I learned many things that will assist me in my business, but the most profound event happen in just an instant, I saw the things that have

been holding me back most of my life and I knew that my live would never be the same. There will be no more being unsatisfied with life and not knowing what to do. I am now empowered and responsible for what becomes of my life and I am excited! Candace Czarny, CFM, LEED AP, ASID President Wind & Water Interior Design & Feng Shui "Where Home is a blissful place" www.artofplacement.com 877-372-8737.

The “Playshop” has had such a powerful affect on those who attended Marcella is offering it to her entire organization. If you desire to hold a “Playshop” in your area and can bring together 100 people, Marcella will bring the entire program to you. Contact Marcella Vonn at 480-898-4088.

The Doctors Forum

By Dr. Ken Krieger

THE HEART CONNECTION According to Mildred S. Seelig, MD, "Most modern heart disease is caused by magnesium deficiency. A vast and convincing body of research, largely ignored, has convinced us and many of our colleagues of this fact. The diet of the industrial world is short on magnesium, and this is causing an epidemic of heart disease in the modern world." Dr. Seelig goes on to state, "The fact is that magnesium deficiency underlies much of the heart disease epidemic that consumes so many of our healthcare dollars. Studies have linked low magnesium levels with many of the major risk factors for heart disease. Other studies show that the average Western processed-food diet is lower in magnesium than is com-

monly acknowledged. MUCH OF THE HEART DISEASE SEEN TODAY IS A DIRECT RESULT OF LOW MAGNESIUM CONSUMPTION." Don't neglect the need for magnesium for good heart health! At least 1,000 mg per day taken at night will give you the added benefit of a better nights sleep. Take along with **Sulfurzyme** which contains wolfberries and MSN and aids in protecting the cells and cell membranes and preserving the molecular framework of connective tissues. Yours for Better Health Naturally, Dr. Ken Krieger **Dr. Ken Krieger** is a Chiropractic Physician in Phoenix, AZ. Reach Dr. Krieger by Phone: 623-561-2478, Email: Drkriegerstria@aol.com, Web site: www.arizonaspinedoc.com

CLASSES IN CHICAGO

The following are classes given by Marcella Vonn Harting in the Chicago area. Contact Cathy Ahl at 630-739-9684 for information.

Sunday, May 15th

FACE READING

10:00 am - 1:00 pm Investment: \$40
Learn more about people when you know how to read facial features.

CHRONOBOTIC™ NUTRITION

2:00 - 6:00 pm Investment: \$50
Based on a person’s utilization of the circadian rhythms of light and color. “Timing will change the world as we know it”, MVH.

Saturday, May 14th

LANQUAGE OF MASTERY®

10:00 am - 6:00 pm
Investment: \$125 includes playbook
This seminar is designed to give you a practical working knowledge of how your language shapes your reality.

