

Yes No Maybe Essential News

Volume 1, Issue 3

www.marcellavonnharting.com

November 2002

Marcella Vonn's
CALENDAR OF EVENTS

Check the web site
for details and updates

NOTICE

Subscriptions are now
available for

Yes No Maybe

Essential News

\$12 for 12 Issues

Starting with the
January 2003 issue,
the newsletter will be
mailed only to those
who have purchased a
subscription.

You can still read the
newsletter on line or
print it from
www.marcellavonnharting.com.

If you would like to
subscribe or be notified
when the newsletter is
published on the web
site, fill in the form on
the bottom of page 3
and mail it to the ad-
dress on the back page.

Editor: Anita Tamboli
email: atamboli@msn.com

Co-Publishers:
Marcella Vonn Harting and
Anita Tamboli

©2002 Yes No Maybe Essential News.
All rights reserved. The opinions,
conclusions or recommendations expressed
in this publication are those of the
authors and do not necessarily reflect the
views of the publishers.

Gratitude

By Marcella Vonn Harting

November, A Month Of Gratitude

In the month of November I focus on family, Thanksgiving, and traditional customs. This is a time in my life when I am taking a look at the contributions my Young Living organization is making in my life. I am in humble gratitude to each and every one of you for your sharing and giving of yourself in offering these products to your families and friends. In your spirit of giving I find myself reaching to become a better sponsor and support to each and every one of you. I am committed to your success and in appreciation of you I offer myself and my experiences of success and failure, insightful information, inspiring testimonials and tools and technologies of win/win strategies with this newsletter and my personal presentations.

Having just returned from a Pacific Institute of Aromatherapy Conference and a certified Aromatherapy Seminar integrating TCM (traditional Chinese Medicine) I feel I have come full circle in my life. When I was introduced to Young Living I was teaching TCM philosophy and obtaining and maintaining balance in one's life. After the first of the year I now will be teaching TCM again and the integration with Aromatherapy. I will present the main aromatic energies and the principal essential oils. Example: floral essences are relaxing, sensualizing, nurturing and

uplifting. These aromatic energies are found in Geranium, Jasmine, Neroli, Rose, and Ylang Ylang.

My commitment with this newsletter is to create a connection with each and every one of you in my organization by sharing myself.

Daily, I thank God for the Divine Timing in my life and the people I come in contact with who have blessed me greatly in my business.

I am grateful for my fabulous mentors including Mary & Gary Young, Bob Stevens, Dr. Nancy Brant, Dr. Ken Krieger, and Jean Marie and Dr. Terry Friedmann and many others just to name a few. Each and every one of you is a teacher to me in how I share myself with this business.

In closing I'm excited to share the new "MIRACLE OF YOUNG LIVING" CD. Available through Trax (order form enclosed). My New Year plans include going on the road sharing from my heart my passions about Essentials Oils and the business of sharing Essential Oils. If you desire to have me present in your area please notify me by e-mail (mvonn@aol.com). I am now creating my schedule for next year; remember to tell your organizations about this newsletter and how they can subscribe. HAPPY THANKSGIVING

Love, Marcella Vonn Harting



Marcella Vonn Harting's Mission Statement

My mission is merging science and miracles by weaving state of the art knowledge of the essences, Chronobiotic™ Nutrition, body language, Conscious Language, innovative health technologies, emotional healing, and abundant prosperity strategies into our new Global Wisdom.

I am passionately committed to sharing the systems I use to embody personal fulfillment with my global family.

Marcella Vonn Harting

To Your Pets' Health by Dr. Nancy Brandt DVM, CVA, CAC

“**M**y dear Kepler, what do you say of the leading philosophers here, to whom I have offered a thousand times of my own accord to show my studies, but who, with the lazy obstinacy of a serpent who has eaten his fill have never consented to look at the planets or moon, or telescope? Verily, just as serpents close their ears, so do men close their eyes to the light of truth.” — Galileo in a letter to Johannes Kepler ca. 1630.

According to Dr. Kurt Schnaubelt, Director of the Pacific Institute of Aromatherapy, “For many common infectious diseases aromatherapy offers more effective and more wholesome solutions than conventional medicine.” Many of the essential oils are anti-microbial and effective when antibiotics or anti-fungal medicines are not. I have several cases of not-responsive infections responding favorably to essential oil use.

According to Dr. Tisserand, “while aromatherapy is practiced by medical doctors in France, this is not so in . . . the United States. . . The demand for aromatherapy will increase, and hopefully we will reach the point where medical doctors incorporate it into their repertoire.” He goes on to say, “Aromatherapy is indispensable in stress-relieving.” In this millennium we can be challenged by the stress in our lives. We are burning out our adrenal glands and sending massive amounts of cortisol into our blood which ages and tires us. Heart disease, cancer, and arthritis are directly linked to an over-worked adrenal system. Stress affects our animals also and just the simple diffusion of lavender into the air can diminish the stress response in them. They absorb our emotional energy and therefore our stress, which can exhaust their adrenals as well. This is a very common occurrence I see in my practice.

TWO VERY IMPORTANT REASONS TO USE OILS AROUND OUR ANIMALS:

1. Decrease the effects of stress.
2. Decrease the chance of infections.

Phone consultations are by appointment only.

2591 Windmill Parkway, Ste 2, Henderson, NV 89014, Phone: **702-617-3285**

The shortest answer is doing.

English Proverb

Dr. Nancy Brandt Recommends Single Oils and Blends from Young Living for Animals

Lavender	Stress relieving, anti-microbial properties	Purification	Eliminate electromagnetic pollution stress
Frankincense	Anti-neoplastic effects, anti-microbial effects, nervous system infections	Melrose	Anti-infectious to skin and sinus infections
-		Panaway	For open cuts to promote healing and decrease infections
Vetiver	Hyper-nervous cats	-	
Mandarin	Hyper-nervous puppies and dogs	Inspiration	For urinary tract infections, helps with fear driven disease
Eucalyptus radiata	Anti-viral to respiratory tract	-	
Ravensara aromatica	Anti-infectious to respiratory tract	Always dilute oils for use on animals, usually 10:1.	
Roman chamomile	Stress relieving in cats and dogs	In cats never apply oils anywhere they can lick, such as their paws. Remember water drives oil in deeper and cats lick anything foreign. The oils above, diluted, I use safely in my practice.	
Geranium	Anti-fungal properties		

Editor's Notes: Best New Tool For Sharing YLEO "Miracle of Young Living" CD Now Available

In my twelve years in network marketing, this CD is the best tool I've seen for sharing the company and the products. It gives specific information and instructions useful to both newcomer and veteran alike. It is easy to use. Slip it into your computer and click on Company Profile, Single or Blended Oils, the YLEO Farm and more, all shown with dramatic images and descriptions.

Take a beautifully visual and detailed verbal journey into the Essential 7 Kit, giving the novice guidance on how to use these oils. Explore the benefits of Berry Young Juice with a click of your mouse. The CD teaches and informs with visual and auditory messages. Share this CD with everyone interested in essential oils.

The "Miracle of Young Living" CD is attractively packaged, professionally produced with stunning visual images, and modestly priced.

Teaching is Marcella Vonn's passion. Now she has joined in the creation of a tool for you to share with others helping to teach them about Young Living and essential oils with grace and ease.
In Joy, Anita Tamboli

Turning E-Motion into Motion

Continued from page 4

began expressing my love and gratitude to our many friends and family who came and helped support during Helens's Transition even though it was very "emotional." I had been avoiding expressing because I had felt such pain, yet it was taking my Love and Enthusiasm down the tubes with it.

Now my life is returning. I feel my love again, simply by turning my emotion of depression into loving expression. May you bring your Love into your emotions and return into you Divine Motion again.
RTS

Gratitude™ Oil

Gratitude™ is a blend of therapeutic-grade essential oils designed to elevate, soothe and bring relief to the body while helping to foster a grateful attitude. Gratitude has antiseptic properties and is nourishing and supportive to the skin.

Diffuse or apply topically.

Ingredients: Idaho balsam fir, (Abies alba), frankincense (Boswellia carteri), rosewood (Aniba rosaeodora), myrrh (Commiphora myrrha), galbanum (Ferula gummosa) and ylang ylang (Cananga odorata).

Man is what he believes.

Chekhov

Marcella Vonn Recommends

A PATH TO POWER

A Master's Guide to Conquering Crisis

Mack Newton
with Michele St. George

I reread this book each year. Mack is one of my mentors and this book is one of my most treasured guides.

Mack says, "Philosophy and science can be distilled into a powerful mental technology . . . a blueprint to personal power and peak performance, whether as an athlete or business professional, a parent or spouse."

Mack has chased his dreams, no matter what defeat life dealt him. He teaches us it's never too late.

He writes, "Changing your mindset has the power to transform your life. . . The secret to bursting out of a rut is to recognize you are in the same situation again and do something different in the future."

In this book, we are given directions on how to make a "quantum leap" in our lives. Some of the topics are Peace of mind by eliminating fear and anger; Staying hungry; Quantum learning; Cooperating with life; Loving myself; Loving others; and Dealing with doctors and other experts.

Mack instructs us to "Ask for an answer. Expect a breakthrough."

Available at most major bookstores.

Subscribe NOW, Subscription & Email Form

After the December issue, we will **mail** only to those who subscribe to the newsletter. The subscription price is **\$12 per year** for 12 issues.

The newsletter is free at www.marcellavonnharting.com Click on "Newsletter".

Send us your email address to receive notice of web site posting.

Name: _____ Email: _____

Address: _____ City: _____ State: _____ Zip _____

Check Enclosed for Mail Subscription, Check Here: _____ Check Number: _____

Mail to: Marcella Vonn Harting, 8714 N. 58th Place, Paradise Valley, AZ 85253

Yes No Maybe Essential News

Marcella Vonn & Jim Harting
8714 N. 58th Place
Paradise Valley, AZ 85253

Phone: 480-443-3224

Fax: 480-443-0302

Email: mvonn@aol.com

www.marcellavonnharting.com

Sponsor # 9248

www.youngliving.org/mvonnharting

This newsletter is published on the web site and is available to everyone in our organization. Pass it on. Tell your downline to subscribe to the newsletter on the web site.

*Yes No Maybe
Essentials, Chronobiotics &
Conscious Language*

www.marcellavonnharting.com

Turning E-Motion into Motion

By Robert Tennyson Stevens

Am enjoying the responses from the articles in the Yes-No-Maybe Newsletter about the role of our feelings in creating our reality. When our feeling can follow our attention, and we are personal, specific and outcome oriented, wonders happen easily.

Since feeling is a major key to success, I will share an experience I had very recently which helped me tremendously. My wife passed away 5 months ago, and I kept doing what I had to do, being a single father, paying huge amounts of health bills, and so on. Each day I noticed less and less energy, less passion for my life. I had to keep going, yet each day, each week, each month became more numbing. I finally asked myself, what is going on here? To

my surprise, my emotional self said, "I feel depressed." I quickly realized this was way beyond the level of depression I had ever felt before, more like what I imagined the clinical type of depression might be.

Here is the wonderful part, and the essence of my sharing this month. . . An emotion is a feeling resisted, hence the e-motion, or against motion. Motion is love-enthusiasm-passion. When someone has fear, as addressed in the last newsletter, they are usually avoiding, resisting and or hating the fear instead of feeling the fear with love. Love is supreme and transforms all else into itself. **L o v e i s m o t i o n .** An avoided or resisted feeling turns into an e-motion. By feeling

our feelings with love, we restore our Divine attribute, like grief into joy.

Knowing and sharing this concept for years, I realized depression was an avoided feeling. I asked myself, "What am I avoiding? What is the opposite of depression?" The answer was "Expression, I Am avoiding expressing my feelings of sadness over my wife's passing and how much gratitude I feel for receiving so much support." Well, this was so true, so I immediately (*Continued inside on Page 3*).

Contact Robert at his company:
Mastery Systems Corporation
1000 Howard Gap Road
Hendersonville NC 28792
Phone: 828-698-7800 Fax: 828-698-7888
www.masterysystems.com